

Department of Bio-Physical Education



Distinguished researcher and physical education specialist:

PROFESSOR ODED BAR-OR, M.D., Director of Research, Wingate  
Federal Institute for Physical Education and Sports, Tel-Aviv,

*Dr. James Skinner*

Israel, will lecture at Loyola on Wednesday, October 10th, at 7:30 P.M.

THE TITL OF HIS LECTURE WILL BE

"IMPLICATIONS OF CURRENT PHYSIOLOGICAL AND  
MEDICAL RESEARCH FINDINGS CONCERNING PHYSICAL  
EDUCATION FOR ELEMENTARY SCHOOL CHILDREN"

Some concerns that will be raised:

What are the effects of highly competitive sports on children? (e.g., soccer in Israel, children's hockey in Canada, little league baseball in the U.S., etc.).

Is Aerobics for children, as advocated by Dr. Kenneth Cooper, physiologically sound?

How much exercise is too much for children?

What are the benefits of an optimum fitness program on growth and development?

Do we need a new approach to physical education in our Elementary Schools?

DATE: Wednesday, October 10th, 1973.

TIME: 7:30 P.M.

LOCATION: Vanier Auditorium,  
Vanier Library,  
Loyola of Montreal,  
7141 Sherbrooke St. W.,  
Montreal, Quebec.

The Department of Physical Education, in conjunction with the Senate Committee on Visiting Lecturers.

For further information, please call Dr. E.F. Enos,  
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